## 208 COUNSELLING SERVICES

## Beliefs

MESC views counselling services as an integral component of the school program. All services provided are respectful of Cree values. Confidential counselling services will be made available to all students as an essential part of the school program. The primary purpose of counselling services is to empower students in the areas of social, emotional, and spiritual well-being.

## **Procedures**

- 1. MESC will be diligent in providing counselling practices across schools.
- All students will have access to confidential, individual counselling services. Exceptions to
  confidentiality will only be made to ensure the safety of the student or others, as guided by
  the Child, Youth, and Family Enhancement Act and the Mental Health Act.
- 3. Counselling services shall be delivered using a collaborative and multidisciplinary model that accesses appropriate community resources.
- 4. Confidential individual counselling will be provided by appropriately educated and trained Counsellors.
- 5. Principals shall develop and implement school procedures in accordance with the guidelines outlined in the MESC Counselling Handbook and related administrative procedures.
- 6. School Counsellors shall follow the ethical guidelines and roles outlines in the MESC Counselling Handbook and related administrative procedures.

Reference:

MESC Counselling Handbook Child, Youth, and Family Enhancement Act Mental Health Act