

Menu is subject to change, Due to product availability.	ᑲᑦᑲᑲᑦ ᐱᑦᑦ Kaskatinow Pîsim Freezing Moon (October)					
Sept. 29th- October 3rd	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Yogurt, Cereal, Fruit		Baked Goods, Fruit	Scrambled eggs With Ham & Cheese, Fresh Fruit	Pancakes, Sauasage, Fruit	
Lunch	Pasta with Italian Sausage and Roasted Tomatoes, Tossed Salad, Tomato Salad, Fruit Salad	Truth and Reconciliation Day (Holiday)	Corn Chowder, Bannock, Spinach Salad, Coleslaw, Cut Fruit	Chicken Enchiladas with Spanish Rice, Tossed Salad Fresh Fruit	Pizza, Caesar Salad, Fruit,, Mixed Salads	
Snacks	Fruit		Fruit	Fruit	Fruit	
6th-10th	Peyak Kîsikâw	Nîso Kîsikâw	Nisto Kîsikâw	Newo Kîsikâw	Nîyânan Kîsikâw	
Kîkîsepâ mîcowin ᐱᐱᐱᐱᐱᐱᐱᐱ	Cold Cereal, Fruit	Scrambled Eggs & Back Bacon, Hashbrowns, Fruit	Pancakes, Sauasage, Fruit	Baked Goods, Fruit		
Nimâwin ᐱᐱᐱᐱᐱᐱᐱᐱ	Baked Mac and Cheeseburger Pasta, Caesar Salad, Greek Salad, Sliced Melon with Mint, Whole Fruits	Bannock Tacos, Mixed Greens, Veggie Salad, Veggie Sticks, Fruit	Broccoli Cheddar Soup, Fresh Bread Spinach Salad, Coleslaw, Cut Fruit	Turkey Dinner, w/ Potatoes, Stuffing, Hot Veg & Gravy, Tossed Salad, Beet Salad, Fruit Salad	PD - Prep day	
Mîcisowinis ᐱᐱᐱᐱᐱᐱᐱᐱᐱᐱ	Fruit	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods		
13th-17th	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast		Yogurt Parfait, Fruit	Pancakes, Sauasage, Fruit	Bannock and Jam Fresh Fruit	Scrambled Eggs, Back Bacon, Hashbrowns, Fruit	
Lunch	No School Thanksgiving	Baked Spaghetti Bolognese, Caesar Salad, Fruit Salad, Garden Salad, Marinated Cucumber Salad, Fruit	Minestrone Soup, Cheese Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Baked Ham, Vegetables with Potato Wedges, Tossed Salad, Greek Salad, Broccoli Salad, Fruit Salad, Fresh Fruit	Pizza, Caesar Salad, Fruit, Mixed Salads	
Snacks		Fruit	Fruit	Fruit	Fruit	
20th- 24th	Peyak Kîsikâw	Nîso Kîsikâw	Nisto Kîsikâw	Newo Kîsikâw	Nîyânan Kîsikâw	
Kîkîsepâ mîcowin ᐱᐱᐱᐱᐱᐱᐱᐱ	Yogurt, Cereal, Fruit	Pancakes, Sauasage, fruit	Sausage & Cheese Frittata, Fruit	Oatmeal with Berries, Fruit	Bannock and Jam Fresh Fruit	
Nimâwin ᐱᐱᐱᐱᐱᐱᐱᐱ	Primavera Marinara (Spring Vegetable) Pasta, Veg Sticks, Gargen Salad, Cucumber Salad, Fruit	Caesar Chicken Wrap, Tossed Salad, Cut Fruit, Pasta Salad, Coleslaw, Fruit	Beef Barley Soup, & Bannock, Pasta Salad, Greek Salad, Fruit, Fruit Salad,	Roast Beef, Potato Wedges, Caesar Salad, Fruit, Mixed Salads	Pizza, Caesar Salad, Fruit, Mixed Salads	
Mîcisowinis ᐱᐱᐱᐱᐱᐱᐱᐱᐱᐱ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
27th - 31st	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Yogurt, Cereal, Fruit	Ham & Cheese Fritatta	Pancakes & Sausage	Scones & Fruit	Oatmeal with Berries, Fruit	
Lunch	Beef and Vegetable Stroganoff, Caesar Salad, Fruit Salad, Corn Salad, Fruit	Perogies & Garlic Sausage with Sauteed Cabbage, Hot Vegetable, Mixed Grens, Marinated Cucumber Salad, Fruit	Tomato Basil Soup, Cheese Bread, Spinach Salad, Coleslaw, Cut Fruit	BBQ Pork Loin with Potatoes and Hot Vegetables.	Pizza, Caesar Salad, Fruit, Mixed Salads	
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	