

Week of November 4-8	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Pancakes, Sausage, Fruit Milk	Cereal, Porridge, Fruit	Ham, Eggs, Hashbrowns, Fruit, Milk	Cereal, Porridge, Fruit	
<b>Lunch</b>	Spaghetti/Meat Balls, Caesar Salad, Fruit Salad, Spinach Salad	Chicken Caesar (Bannock), Pasta Salad, Broccoli Salad, Fruit Salad	Hamburger Soup (chicken/beef or pork), Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Pulled Pork Sandwiches, Caesar Salad, Asian Salad, Fruit Salad	
<b>Snacks</b>	Fruit	Fruit	Fruit	Fruit	
Week of November 11-15	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>		Fruit, Trail Mix	Granola Bars/ Fruit	Fruit, Breakfast Cookie	Bread/Jam
<b>Lunch</b>		Chow Mein Chicken/Beef, Pasta Salad, Broccoli Salad, Fruit Salad	Broccoli Cheddar Soup/Tomato Macaroni, Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Shepherds Pie, Caesar Salad, Asian Salad, Fruit Salad	Pizza, Caesar salad, Fruit Salad, Pasta Salad
<b>Snacks</b>		Fruit	Fruit	Fruit	Fruit
Week of November 18-22	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Fruit, Scones	Fruit, Trail Mix	Granola Bars/ Fruit	Fruit, Breakfast Cookie	Bread/Jam
<b>Lunch</b>	Chicken Penne/Alfredo, Caesar Salad, Fruit Salad, Spinach Salad	Vegetable Rice Bowl, Pasta Salad, Broccoli Salad, Fruit Salad	Beef Stew, Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Perogies/Sausage, Caesar Salad, Asian Salad, Fruit Salad	Pizza, Caesar salad, Fruit Salad, Pasta Salad
<b>Snacks</b>	Fruit	Fruit	Fruit	Fruit	Fruit
Week of November 18-22	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Fruit, Scones	Fruit, Trail Mix	Granola Bars/ Fruit	Fruit, Breakfast Cookie	Bread/Jam
<b>Lunch</b>	Pasta/Meat Sauce, Caesar Salad, Fruit Salad, Spinach Salad	Taco Salad, Pasta Salad, Broccoli Salad, Fruit Salad	Chicken Noodle, Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Roast Beef Mashed Potatoes, Caesar Salad, Asian Salad, Fruit Salad	Pizza, Caesar salad, Fruit Salad, Pasta Salad
<b>Snacks</b>	Fruit	Fruit	Fruit	Fruit	Fruit
Week of November 25-29	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Fruit, Scones	Fruit, Trail Mix	Granola Bars/ Fruit	Fruit, Breakfast Cookie	
<b>Lunch</b>	Pasta/Meat Sauce, Caesar Salad, Fruit Salad, Spinach Salad	Chicken Caesar Salad/Bannock, Pasta Salad, Broccoli Salad, Fruit Salad	Taco Soup, Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Meat Loaf, Caesar Salad, Asian Salad, Fruit Salad	
<b>Snacks</b>	Fruit	Fruit	Fruit	Fruit	