



Maskwacis Education Schools Commission

P.O. Box 58
Maskwacis, AB
T0C 1N0
P: (780) 585-3333 F: 585-3857
www.maskwacised.ca

MESC WELLNESS SPENDING ACCOUNT CLAIM FORM

Employee Information

Employee Name	
Address	
Work Location	

Claim Details

Amount \$
Itemized expenses:
Amount \$
Itemized expenses:

Total claim amount \$ _____

Wellness account expenses are reimbursed at 100% up to \$500 per calendar year per employee.

Claims must include the claim form and receipts dated in the year they are being claimed.

Submitte to the MESC Director of Health and Wellness for approval at:

wellness@maskwacised.ca (Do not submit to Canada Life)

All reimbursed claims will be treated as a taxable benefit and subject to Income Tax, CPP and EI.

Reimbursements will be added to your biweekly pay deposit and itemized on your Earnings Statement.

Employee Signature _____

Date _____

Authorizing Signature _____

Date _____

Finance Signature _____

Finance code _____

Date _____



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The following expenses are covered:

- Alternative Healing Therapies (eg. Reiki, etc)
- Athletic Facility Fees
- Art, Craft and Language Classes
- Cultural Healing
- Exercise and Sports Equipment
- Fitness Centre Fees
- Fitness Classes or League Fees
- Life/Health Coaching
- Natural Health Products, Supplements, Vitamins
- Nutrition counselling
- Smoking Cessation
- Weight Management Programs
- Specialized exercise footwear and clothing

Other expenses may qualify but contact the Director of Health and Wellness for approval before you purchase.

Limitations

No benefits are paid for:

- The purchase of gift cards.
- Items that do not directly promote employee personal health and wellness. Purchases made for dependents or anyone other than the employee will not be reimbursed.
- Expenses that are not permitted by law.